



National School Breakfast - March 5th - 9th

March 2018 - Breakfast Menu

*Fruit or juice, 8oz white skim or
Fat free chocolate milk served daily*

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Sausage & Egg Burritos or toast & fruit	Granola bars or toast Cheese sticks Yogurt & fruit
5	NATIONAL 6	SCHOOL 7	BREAKFAST 8	WEEK 9
Muffins or toast Yogurt & fruit	Egg omelet English muffins or toast & fruit	Cinnamon rolls or toast & fruit	Scrambled eggs muffins or toast & fruit	Cereal or toast & bacon & fruit
12	13	14	15	16
Granola bars or toast Yogurt & fruit	Mini pancakes w/syrup cup or toast & sauge	Breakfast pizza or toast & fruit	Oatmeal/cereal or toast cheese sticks & fruit	Blueberry bagels Or toast & fruit
19	20	21	22	23
Assorted cereals or toast	Apple cinnamon French toast or toast & fruit	Hardboiled eggs Bacon & muffins or fruit	English muffins or toast cheese sticks fruit	Pop-tarts or muffins Yogurt & fruit
26	27	28	29	30
Mini pancakes Or toast Bacon & fruit	Cinnamon rolls or toast & fruit	Egg omelets Toast or muffins & fruit	Fuel-up bags	Easter Break Begins

Milk, endless fruit and vegetables and low fat dressing served daily. Menu subject to change due to availability and/or school delays and cancellations. Canned fruit is in light syrup. Contact Lori Manier of Food Service with any questions or concerns at 563-5745



March 2018 – Lunch Menu



Combo includes 8 oz white skim or Fat free chocolate milk, fruit &

vegetable

Mon	Tue	Wed	Thu	Fri	Ala Carte Combo
			1 Soft tacos w/meat & cheese, veggie toppings bar & fruit	2 Fish sticks, Mac N' Cheese, veggies & fruit	Monday Quesadillas & Salad Bar
5 Chicken alfredo, corn bread, veggies & fruit	6 Hot dog on a whole grain bun, baked beans, veggies & fruit	7 Lasagna roll-ups, garlic toast, lettuce salad, vegetables & fruit	8 Chicken strips, stuffing, veggies & fruit	9 Corn dogs, French fries, veggies & fruit	Tuesday Turkey bacon burrito & Salad Bar
12 Sweet & Sour Chicken w/rice, vegetables & fruit	13 Spaghetti w/meat sauce, lettuce salad, garlic bread & fruit	14 Chicken patties on a whole grain bun, buttered noodles, vegetables & fruit	15 Cheese stuffed breadsticks, coleslaw, vegetables & fruit	16 Mini pancakes, sausage patty, hash browns & fruit	Wednesday Hot dogs & Salad Bar
19 Nacho mounds w/meat & cheese, veggie toppings & fruit	20 Chicken & cheese quesadillas, vegetables & fruit	21 ~Knight Bowl~Popcorn chicken, mashed potatoes, corn pieces & cheese & fruit	22 Hamburgers w/cheese slices, potato pieces, vegetables & fruit	23 Sub sandwiches, 3 meats, 2 cheeses, chips, vegetables & fruit	Thursday Pizza & Salad Bar
26 Corn dogs, Mac N' Cheese, vegetables & fruit	27 Meatloaf, mashed potatoes, vegetables & fruit	28 BBQ Beef Sandwiches, potato pieces, vegetables & fruit	29 Chicken noodle soup, grilled cheese sandwiches, vegetables & fruit	30 Easter Break Begins	Friday PB&J Jammers Yogurt & Salad Bar

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